

Our Mission

To reduce the incidence and impact of child abuse and to promote the safe and healthy development of children.

Our Vision

A community free of child abuse.

Our programs and services focus on treatment, education, and prevention. Our catchment area for services extends across Greater Hamilton and surrounding area including Niagara, Haldimand Norfolk, and Brant Counties. Residents of the greater Hamilton area pay no fees for our services.

Professional Treatment

Comprehensive assessment and specialized treatment for child and youth victims of sexual abuse and their families to assist in trauma and abuse recovery; Parent Therapeutic Group program.

Our offices offer a welcoming, safe, private space where child and youth victims of abuse and their families/caregivers (non-offending) receive comprehensive assessment and specialized treatment and support to help them heal from and move beyond the trauma of abuse.

Education

For both professionals as well as the broader public about child abuse and trauma, e.g., internship program for professionals; educational forums; parent support groups helping parents deal with a child's sexual abuse disclosure or sexual behaviour problems.

Prevention

Initiatives that promote child safety and build healthier communities, e.g., award winning school-based child abuse and violence prevention programs.



COMMUNITY
CHILD ABUSE
COUNCIL
OF CANADA

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Charitable Registration Number 893261727RR1

Funding support provided by:



Parent Support Groups

Group programs with a support and psycho-educational focus designed for parents, caregivers, and foster parents of sexually victimized children.



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Courage to Tell

This two-part information session is designed for parents

and caregivers who are dealing with a recent disclosure of sexual abuse involving their child. In two informative sessions, parents and caregivers will gain important knowledge in a safe and supportive environment without having to share their story. Participants will learn about:

- How and why children tell about sexual abuse
- How sexual abuse affects them, you, your family and others
- What you can say and do to help
- What happens next: navigating the process
- What resources and supports are available

The group meets for 2 hours each week for two consecutive weeks. Participants must commit to attending both sessions. Light refreshments will be served.

Moving Towards Healing

This 10-week therapeutic group program for parents and caregivers of children who have been sexually abused goes beyond the provision of information.

Participants in this small group of 8-12 parents and caregivers will:

- Understand what child sexual abuse is, and how it affects children and families
- Understand the treatment process and what will help your child heal
- Develop stronger parent-child relationships
- Find support from others dealing with similar struggles
- Build skills to help yourself, your child and family overcome the trauma of sexual abuse

The group meets weekly for 1.5 hours in a safe and supportive environment. Involvement in this group requires that the abuse investigation be completed and that the child be engaged in counselling. Participants are expected to commit to all 10 sessions.

Keeping Safe

This three-session educational group is designed for parents and caregivers of children with sexual behaviour problems.

Take this opportunity to learn in a safe and supportive place without having to share your story.

Participants will learn about:

- What is normal sexual behaviour and what is concerning behaviour
- What influences children's sexual behaviour
- When does sexual behaviour in children become a problem
- How to manage your own feelings as well as your child's
- How to develop a safety plan
- What is healthy sexuality and how to teach it

The group meets for 2 hours each week, for three consecutive weeks, in a safe and supportive environment. Participants are expected to attend all three sessions.

